

Let the Celebration Begin!

In 2026, we mark 35 years since the Londonderry on the Tred Avon community was founded. New commemorative signage and banners have appeared on campus, and we have a new anniversary



In This Issue:

New Year's Brunch	2
Bollman Gift	3
Gallery.....	4
Christmas Clarinet	6
A Taste of Umbria	7
Chestertown Outing	9
Creative HeARTS	11
Londonderry Lines.....	13
Arcturus Expedition	14
Men's Breakfast	16
Snow Days	18
NewsBits	19
Quiz Time Results.....	20
Parting Shots	21

logo to show our pride in the community we created. To honor this milestone, Londonderry will celebrate throughout the year by giving back. Each month, Londonderry will highlight a local charity that holds special meaning to our residents and team, who will be invited to donate items or contribute funds. (See page 20 for January's beneficiary.) For select charities, Londonderry will match monetary donations.

Join us in celebrating this special anniversary year! ♦



LONDONDERRY
RESIDENT OWNED FOR 35 YEARS

New Year's Brunch

By Jay Craig

January 1st brought forth the dawn of a new year and how better to spend part of the day than meeting friends and neighbors at the Londonderry Tavern for brunch. As usual, the kitchen staff was up to the task of food preparation and delivering it to the tables filled with a hungry throng of happy residents and friends of Londonderry.

The menu consisted of an introductory fruit salad, followed by a choice of ham and eggs, blacked-eyed peas and greens; or smoked salmon, rye toast, hardboiled egg, cream cheese, capers, and lemon; or brioche French toast with house-made blueberry compote, cinnamon 'n sugar butter with choice of sausage or bacon, assorted breads and muffins and sparkling wine.



A perfect complement to the food was entertainment provided by Ampersand, a local musical group who entertained guests with traditional American music. Well known to the Londonderry community, Ampersand is like family—the band manager, Beth Lawton, is the daughter of Londonderry's own Bill Lawton, and Topher Lawton, who sings and plays stringed instruments, is Bill's grandson.



Along with Beth's vocals and guitar expertise and Topher's melodic vocal tones, the band consists of Dick Hogle, who offers guitar leads, occasional mandolin leads and banjo pickin', and Julie Kiang, who adds a great variety of fiddle tunes. According to their website, Ampersand "interprets music from the folk and old-time traditions on modern instruments with treasured songs and lively instrumentals." Their music was uplifting and

(continued on page 3)

Brunch (cont. from page 2)

spirited and integrated smoothly with residents' conversations while they enjoyed their food.

What a great event to start off the new year! Residents and friends of Londonderry



are truly blessed with activities and accommodations that make life so much better and the socialization that is so important to healthy lifestyles. Our Director of Community Engagement along with Londonderry staff are vital to these activities and should be recognized for their continuing effort to make Londonderry a great place to live and to visit. ♦

A Gift for the Teacher

By Patricia Bradley

The “Art is for Everyone” group that meets every Friday morning surprised Jane Bollman, with a beautiful scarf last month, thanking her for leading the group. In this photo Jane is wearing her scarf, smiling happily for this unexpected gift of appreciation. Anyone with the slightest interest in drawing or painting is very welcome to try his or her hand with the group. Stop by on a Friday morning. Jane will welcome you with open arms. ♦



The art group: Rose Ertz, Ken Sadler, Susan Andrews, Jane Bollman, Lari Caldwell, and Marilyn Burns, seated.
Not pictured Patty Foss and Barney Johnson.

Gallery Winter Wonderland

By Patricia Bradley

You all came through for us again. The Gallery Five (Ellie, Nancy, Pat, Paula and Susan, who are the ones who have the fun of putting the exhibits together) want to thank all our Londonderry neighbors who bring things whenever we put out the “All Call.” You are willing to part with your treasures for a month or two so that we all can enjoy them and be enlightened by the stories that go with them. We couldn’t do it without you, so thank you!

This January, the theme was Winter Wonderland, and although there are plenty of reminders of snow and ice, there is so much color and texture to so many items that the exhibit exudes warmth. Fur hats from Beth Elkins and Jane Bollman, who also contributed a painting of the Manor House in snow, reminding us why we might want a fur hat. Also, a red and white hat from the Capitals.



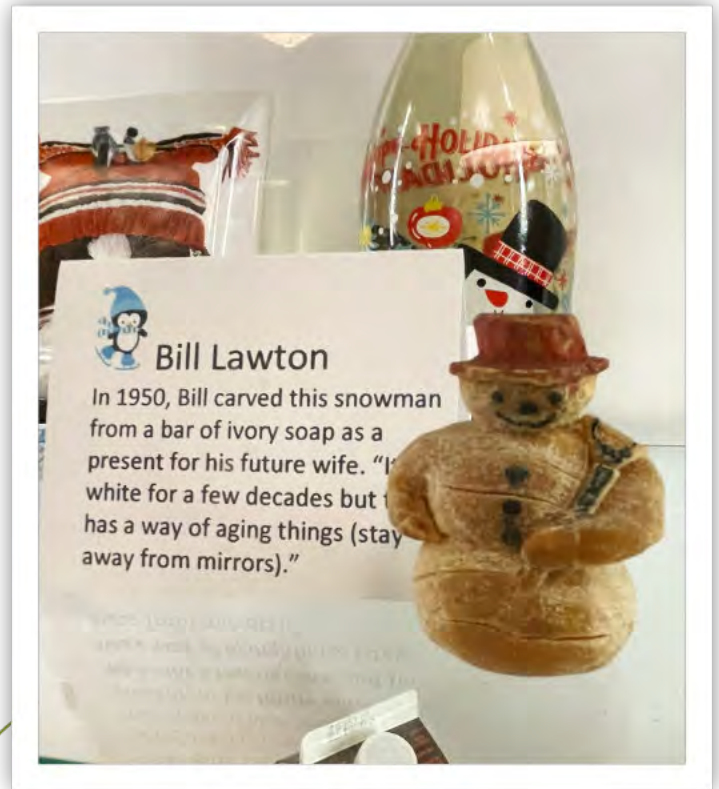
An Austrian ski jacket, at left, made of wool and richly embroidered with gold. Gina Amy has had it since 1950; she's not a skier but has been sure to wear it every Christmas, which makes it very special to her. And a blue and white knitted cap from Judy Harrald sporting a glistening snowflake pinned on as a reminder that she wants snow.

(continued on page 5)

Gallery (cont. from page 4)

The smallest piece came from Bill Lawton who carved a snowman, right, out of a bar of soap to give to his wife whom he was courting at the time. It's been kept all these years. The biggest piece came from Edna Blakely. It's a stuffed, warmly dressed snow-doll, about as long as a small boy is tall. And a snow-lady-bag-lady, below, from Rose Ertz. They add some humor.

There are also photographs featuring winter weather, thanks to Phil Gibson, Jane Ward and Nancy Henry. There are snow globes with a variety of figures inside, a music box, bottles full of spirits to warm your insides, an ice scraper, and two warm scarves. There are trees protecting a skating pond, and a lady skater from Monica Stecher. She is suspended in air. If you wonder about the cat wearing a winter hat, that's from Erica Hardeo.



There are especially beautiful objects in the exhibit, such as Jan Benvenuto's Hummel figures and Millie Houck's snow globe in silver and white. Among the several beautiful things Susan Andrews brought for the exhibit, you will find a Kleenex box, not beautiful but useful, for sure. And lovely and charming in their own way, the two reindeer that used to reside at Kaye Dutrow's front door. The variety of pieces people have donated is what makes the exhibit so interesting and so satisfying and why so many of our residents come to see for themselves.

The February/March exhibit will be special pieces from Ken Davis's "antique-and-other-acquired-treasures-store" which he called Hodge Podge. Be sure to come to the opening reception on Friday, February 13 at 3:30 PM to hear all about it from Ken and Mary. ♦



Christmas Clarinet

By Jay Craig

It was December 29, and an excited group of residents met in the activities room to listen to the beautiful tones emanating from the clarinet of Susan Jones. This was Susan's third trip to Londonderry to perform a variety of Christmas music with a twist. Susan creates a blend of music with storytelling. She is able to weave together music, storytelling and poetry into a singular

carefully mixing it in with the main audio for a subtle mood. After earning her Master's Degree, Susan worked in legal research and was a librarian, but her real love is making people happy with her music.

It was a joy to be among the audience and to witness beautiful renditions of "Joy to the World," "Away in the Manger," "Chestnuts Roasting on an Open Fire," "Waltz of the Flowers," and many more tunes related to the holidays.

As usual, Director of Community Engagement, Erica Hardeo, provided another entertaining and informative event for Londonderry's residents and is deserving of recognition. ♦



performance, otherwise known as a "narrative musical performance."

Not only a clarinetist, Susan also plays the piano. She started piano lessons in the third grade and learned the clarinet in the seventh. Over the years, she became a polished musician and played the clarinet in the "pit" at the Portland Symphony, now known as the Oregon Symphony.

A great musical talent, Susan creates instrumental piano tracks using a digital audio workstation,



A Taste of Umbria

By Kaye Dutrow

On Tuesday afternoon January 13, Ginda Simpson shared with us her love of Italy and her knowledge of the production of olive oil. In 1999, Ginda and her husband Mike decided to move from Egypt to Umbria, which is located near Tuscany. It was the

realization of a dream. For many years, they planted and harvested olives and rented out rooms at their B&B named El Marsam. Coincidentally, Bill Lawton and his wife, Paula, stayed there about 20 years ago.

While Ginda loved living in Italy, she commented that it was not always easy. Fortunately, she speaks Italian and was able to communicate with workmen and neighbors, who were a bit suspicious of the Americans. Once their Italian neighbors realized that Mike and Ginda were serious about growing olives, they were warmly accepted. Ginda shared stories of her neighbors helping maintain their property whenever she and Mike returned to the U.S.

The Italians say, “You plant olive trees for your grandchildren.” It takes at least six years for trees to produce. Olive trees can live thousands of years, and

(continued on page 8)



Olive Oil (cont. from page 7)

many are scientifically verified to be as old as 2000 years and still bearing fruit. If the above-ground structure is destroyed, the root system is so robust that it's capable of regenerating. Large olive trees produce on average about 400 pounds of olives annually.



Olive trees are trimmed in the spring. In the fall after the olives are harvested, crates of olives are taken to a mill where they are pressed. This is an ancient practice and must be done with care to produce the best EVOO (Extra Virgin Olive Oil), which is the gold standard for olive oil. According to Ginda, "It is refined and cold-pressed via mechanical methods, not with heat or chemicals, so it maintains the highest level of health-promoting phytonutrients." Ginda does not recommend purchasing regular olive

since it's produced from the dregs of the pressing process.

Olive oil has many health benefits: reduces inflammation in the body; lowers risk of cardiovascular disease, diabetes; reduces LDL cholesterol and increases HDL; lowers blood pressure and improves blood vessel function. Other benefits include help with weight loss and lower cancer risk. Polyphenols, which are found in olive oil, are linked to lower neurodegenerative diseases.

Ginda shared that Mike was diagnosed with a neurodegenerative disease four years ago. Mike continued to trim the olive trees perfectly and helped with the harvest. Mike's

condition has improved, which Ginda attributes to working with the olive trees in the warm Italian air.



In early 2020, the Simpsons returned to the U.S. to look for a home in Easton. Unfortunately, the Covid pandemic interfered with their plan to stay for only three weeks—they couldn't return to Italy for two years! During

this time, their kind Italian neighbors took care of their property. They are now in the process of selling their Italian home. When

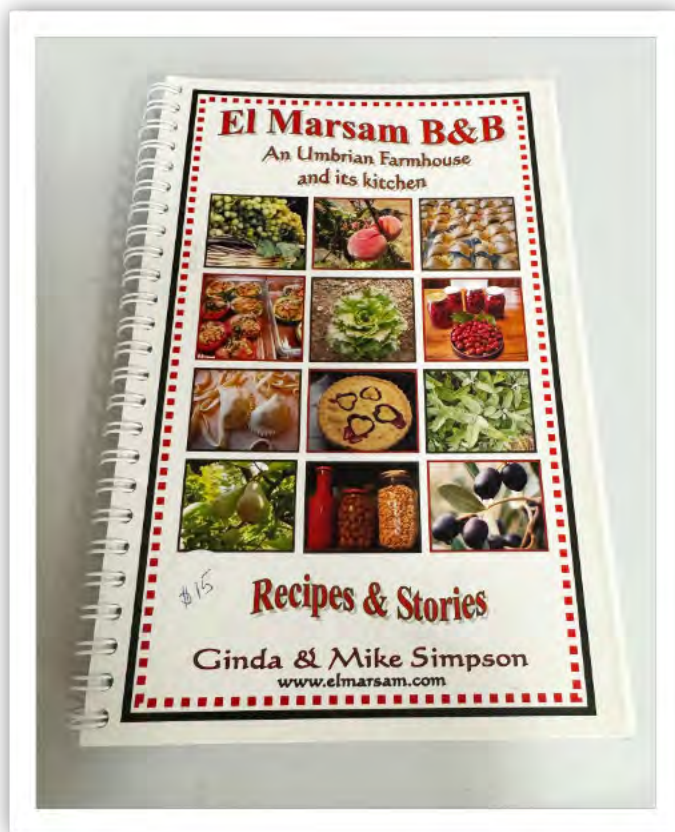
(continued on page 9)

Olive Oil (cont. from page 8)

asked what advice she would give us concerning her Italian adventure, Ginda replied, "If you have a dream and you feel fearful, do it anyway and continue to say yes to life!"

Thank you, Ginda Simpson, for letting us sample some of your delicious olive oil and sharing this part of your life. Some of us signed up to purchase Ginda's olive oil which will be produced after next fall's harvest. If you would like to purchase Ginda's El Marsam olive oil, you can contact Kaye Dutrow for Ginda's email address.

Ginda is also an accomplished painter, writer and cook. We thoroughly enjoyed Ginda's informative and inspiring presentation. Thank you, Erica, for organizing Ginda's visit. ♦



Chestertown Shopping Trip

By Linda Cades

After the holidays and all the required shopping is finished, what do many people most want to do? Why, go shopping, of course! Intrepid driver Bob Heggelke set out for nearby Chestertown with our group from Londonderry on Friday, January 23, and got us home again well ahead of the projected snow storm. Along for the trip were Susan Andrews, Jan Benvenuto, Linda and Steve Cades, Bonnie Codrington, Dee Craig and her friend Tanekia Stanley, Rose Ertz, Merrilee Ford, Helen Pritchett and Queenie Swaren.

Our first destination was a Chestertown favorite store called "Twigs and Teacups." Founded in 1991 by April Marshall and her sister Eugenia, Twigs and



Teacups does, in fact have many lovely teacups. Given a good selection of items about gardening, there are probably a few twigs here and there too. It has always been the kind of store where you can find a lovely gift for someone without spending a lot of

(continued on page 10)

Chestertown (cont. from page 9)

money. Even with today's higher prices, shoppers can often find good deals on things friends and families will enjoy.

Known locally as just "Twigs," the store is now located on Cross Street in a building that dates to 1922 when Harry and Lee Gill opened an ice cream store there. Over the years, the building has housed a furniture store, a framing and crafts shop, a restaurant, a clothing store, and a fabric store.

In 1997, April and Eugenia moved their store to that historic building and ran it until 2022 when Paul and Jayne Heckles bought it. The new owners have since expanded it, building a second floor and doubling the store's original size. The first-floor displays seasonal items as well as jewelry, pretty things for decorating your home, and special soaps and lotions. They also have a large selection of interesting greeting cards. Special teas and jams and jellies are also on offer. Upstairs there is a large selection of women's clothes as well as a children's section with games, puzzles, toys and books.

Londonderry's trip just after the holidays gave us a chance to take advantage of post-holiday sales of ornaments and other decorations. Most of us emerged with at least one bag full of treasures and then headed for Luisa's restaurant for a festive Italian lunch.



Founded in 1980 by brothers Sal and Vinny D'Antuono as Procolino's, the restaurant was originally a pizza and sub shop which offered full dinners as well. The business expanded when Vinny opened his own restaurant. He named it Luisa's after their mother who provided many of the recipes still used there. Luisa's still offers pizzas as well as sandwiches and full Italian dinners. It has two large dining rooms and a full bar. If you still want a dessert, there are several on offer with their cannoli particularly worth ordering.

If you want to make the trip, Chestertown also has several other clothing stores, an excellent new and used book store and a gourmet shop with fine wines and tasty treats to go with them. Perhaps our Director of Engagement Erica Hardeo can be persuaded to make another trip once the snow is gone! ♦

Charlie Yonkers: Writer

By Patricia Bradley

Anyone reading this piece might question why Charlie isn't writing it himself, for he is the consummate writer—consummate meaning extremely skilled and accomplished. That's the dictionary definition; look it up, and agree that it describes him exactly. I know he is a far better writer than I am, but, you see, he got a head start.

He loved writing stories as a child, but he was 13 years old when his eighth-grade teacher saw something special there and started giving him

In prep school, the writing assignments would be stringently graded which added a certain discipline to his writing efforts. Certainly, in law school and his later years of practicing law, his writing skills were put to a useful and necessary purpose. But creative writing has never lost its appeal and shares a place in so much of what he writes.

Sitting in his home office, he tells me, "Everything in this room has meaning. Wherever my eye lands I can find something that makes me happy."

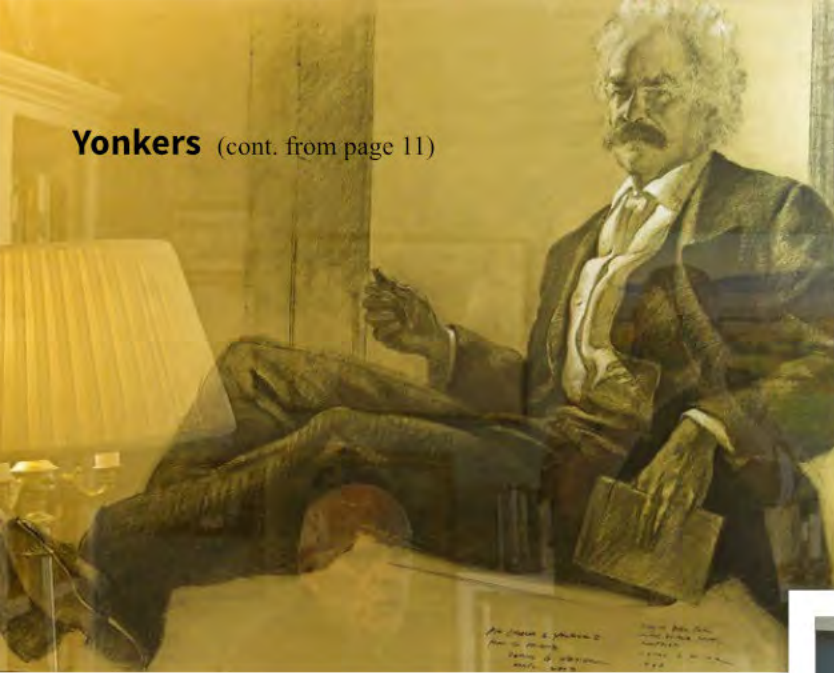
There are more than 1,000 books that he has read; there are notebooks that contain writings of his own even going back to those eighth-grade stories. He has genealogical family history thoroughly researched; he keeps correspondence; he has journals; he has things he has written for publication; thought pieces, memorabilia, history.

(continued on page 12)



extra writing assignments that would then be read to the class and enjoyed for their imaginings and creativity.





And among the memorable things hung on the walls, there is a very large, beautifully drawn charcoal rendering of his favorite author, Mark Twain. A grandson once asked him what his favorite book was. He got his answer months later after Charlie reviewed his list of all the books he has ever read since he was a teen, decided on his criteria for judging, applied the criteria to the books in the running and then had his answer: *Huckleberry Finn*. (Second place, *King Lear*.)

Charlie explains writing's appeal that others who write will understand. Writing allows the creative urge to get on a page. It captures the moment, a time. It keeps the memories from escaping. It can chronicle your life's experiences. It captures who you are at a given time and provides an opportunity for self-understanding. And I would like to add, it also can give pleasure and enlightenment to those who read it. (As when courting your wife, perhaps?)

While deciding to leave the practice of law, Charlie earned a Master's Degree in Liberal Studies from Georgetown University. He

turned his master's thesis into a proposed curriculum for a class he was then invited to teach as an adjunct professor, entitled "A Sense of Place; Values and Identity." His students were required to write every day in class linking creativity to scholarship, and he mentored their writing. He says that was the most creative thing he has ever done.



Here at Londonderry, he has a new project. He is hoping to encourage his friends and neighbors to write again for the *Londonderry Lines/Residents' Reflections*, confident there are many here who will welcome knowing there is a place where their writings might land—for their pleasure and the pleasure of the friends and neighbors who would read them. (See next page.)

You can be sure Charlie will contribute as well. And if it develops that people would like to have sit-down discussions about their writing, writings of others and writing in general—he would definitely be up for that. ❤️

Like to Write?

By Cathy Cooper

Do you like to write? Are you looking for an outlet for your creativity? The *Londonderry Lines* Coordinating Group would like to hear from you.

Londonderry Lines is a way to share your writing with others in the community. There is a variety of forms that you might choose from, for instance: memories, poetry, history, short stories, descriptive narrative, biographies, autobiographies, a prayer, a good joke well told, a letter to the editor of the local newspaper, or a particular note of thanks for a special gift. Lots of formats and lots of topics!

The original journal *Londonderry Lines* appeared for three seasonal issues in 2021–2023 with six to eight manuscripts in each issue. Copies of the *Londonderry Lines* are in three-ring binders in the Londonderry clubhouse and in the library. The articles in the binders are samples of residents' writing, but the articles we expect are each your own. By the close of business on March 6, manuscripts should be submitted to one of the Coordinating Group members. We look forward to seeing and to sharing your work. You've got something in mind. Come on! ♦

**Do you like to write?
We would like to hear from you.**

Londonderry Lines Coordinating Group:

- Charlie Yonkers
- Pat Bradley
- Cathy Cooper



Like his favorite author, Charlie Yonkers also has a great sense of humor and suggested a caption for a recent *New Yorker* cover.

The *Arcturus* Expedition, 1925

By Cathy Cooper

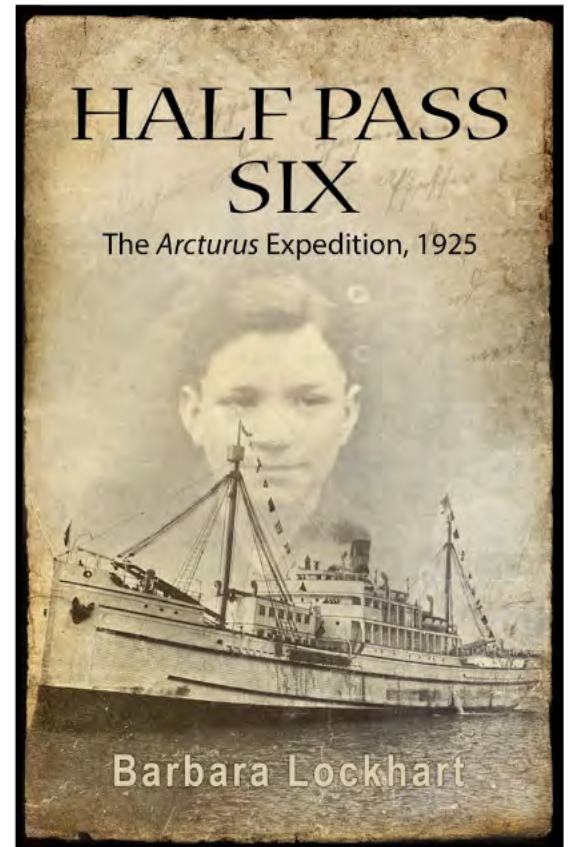
It was a cold day in January, but about 25 Londonderry residents came to the clubhouse to hear a story told by Barbara Lockhart, the author of *Half Pass Six*. This new book is “Dedicated to the memory of my dad, William H. Rohrbein 1909–1966.”

Barbara’s book is, essentially, her father’s story in the 1920s–’30s beginning in Bremerhaven, Germany. The decline of Germany after World War I is vividly told, describing the cold and hunger and lack of necessities of life. Lockhart’s grandfather disappeared in the melee.

A cousin in America made it possible for Willi’s mother and sister to get to New York, but Willi (Barbara Lockhart’s father) had to do it on his own. He succeeded as a stowaway, and his story picks up in New York when the ship arrived there. (“Willi” was Lockhart’s childhood name.)



William Beebe inside his bathysphere
blueexplorermag.com



Willi linked up with his mother and sister when he arrived in New York, but he still did not speak English; and since he had no documents, he was careful about venturing out. Again, there was some help when he met William Beebe (whom he addressed as “Herr Beebe”) and signed on to his research ship as mess boy. Willi gradually learned English, and in 1925 he was serving on the *Arcturus*. The ship’s captain and head of the expedition was William Beebe, a noted scientist. Beebe selected the crew as well as the different scientists representing academic specialties. Beebe pushed the limits of studying creatures in their natural habitat. He was one of the first two people to use the bathysphere (left). He set a bathysphere record in 1931 and another in 1934 for descending a half mile below the ocean surface.

(continued on page 15)

Expedition (cont. from page 14)

The researchers were on the *Arcturus* to expand their knowledge about the ocean, its currents and its creatures. In 1925, the *Arcturus* scientists were highly regarded. Willi was fascinated by the work of the scientists as they recorded the dimensions and habits of their catch daily. The *Arcturus* was out about six months in both the Atlantic and the Pacific Oceans as well as visiting the Galapagos Islands including passing through the Panama Canal.

Near the Galapagos, they admired the erupting volcano that sent up lava as colorful fire flows. Beebe noted the temperature difference between 99 degrees along the edge of the green water and the water farther from land, where it had cooled to 78 degrees. "It would have made a great painting, the blue sky, the black cliffs, the red lava, the white steam, the green water close to shore and the cerulean blue of the cooler ocean." (p.177)



Willi was determined to develop a skill to make a living. By attaining skill as a metal worker, he could accomplish that, and I like to think he enjoyed his naturalist knowledge. In later years with his own family, he seldom talked about his early life. It was happenchance that his daughter Barbara, left, came across a copy of *The Arcturus Adventure*, Beebe's journals published in 1926. As Willi perused Beebe's notes of that 1925 voyage, he opened up to his children, much to Barbara's pleasure.

The title of Lockhart's book *Half Pass Six*, was the way Willi was known on board ship. He awakened the crew each day with his accented rendition of "half past six." With a German pronunciation, it turns out a little differently as "hallf pass sechs!" ♦

Source: Lockhart, Barbara, *Half Pass Six: The Arcturus Expedition, 1925*, Secant Publishing LLC, Salisbury MD 21801

To receive *Tred Avon Times* by email for easier reading or printing, contact Cyndy Miller to be added to our distribution list.



Men's Breakfast

By Jay Craig

This month's men's breakfast outing occurred on Friday, January 9. Several men of Londonderry gathered at the community center to await Londonderry's wonderful chariot to roll up and allow 10 hungry men to jump on board for a trip to Cambridge's Black Water Bakery. Chris Andrews, lead maintenance tech, jumped behind the wheel and made sure everyone was strapped in and ready to go before he took off.

Londonderry's van, which I call the old grey lady, was warmed up and ready to hit the trail. Although very dependable, she can be a little cantankerous at times, and this outing was no exception. At the beginning of our journey, I noticed that the van's thermostat was set on 83 degrees, but the real temperature felt like 43 degrees with a fan blowing the cold air throughout the cabin. About halfway between Easton and Cambridge, the heater kicked in, and the temperature rose dramatically, to the point that when it clashed with the cold air all of the windows in the van fogged up. Not wanting to disappoint her passengers, however, she kicked on the cold temperatures again just in time for the windows to clear back up as we were driving up to the front of our destination.

Our group was met at the front door by the hostess and taken to a large side eating area where we were seated at a long table that had been prepared for us. Our server, Naomi, quickly arrived and took drink orders. Within a few minutes, trays filled



with coffee mugs arrived and were served. It was interesting that every mug was different. Tall and skinny, short and fat, medium size to large and small with a multitude of different colors and styles. It was like being at home and looking for a mug for some morning brew.

After doing some research, I learned that the Black Water Bakery was not named for the Blackwater Refuge that Cambridge is known for but for what the owner, Jamie Summers, calls her coffees. In fact, the complete name of the Black Water Bakery is the Black Water Bakery and Coffee Shop. It began as a small coffee shop and has grown substantially since its opening in 2017. It is not only known for its great meals and all-day breakfasts; it also serves a wonderful variety of coffees and lattes.

(continued on page 17)



Breakfast (cont. from page 16)

The ambience within the establishment reflected warmth and comfort. It was bright and cozy, and the food did not disappoint. As Jamie Summers indicated in a recent interview with a reporter from *The Talbot Spy*, she believes that her business is “a building block for places for people to dine,” and she wanted her business to be “a friendly family place” and just “a great place to come to hang out.” It has grown to the point that she really recommends reservations at certain times, and she enjoys those who do make reservations to be seated at a table and observing inverted coffee mugs with the names of those in the party written on the bottom of the cups.

The place was so laid back and comfortable, it got my artistic juices flowing. I noticed that our table was covered with brown paper, and there were cartons of crayons



available to draw with. I went ahead and drew a self-portrait (below) and was pretty proud of the result, enough so that I showed it to a resident who is an art expert and asked for an opinion as to its quality. I was told that I did not need an art expert, but could use the help of an expert in psychology.

If you look closely, you will not see a frown on any of the faces sitting at the table. From front left and clockwise above are Henry Novian, John Foss, Roger Bollman, Richard Henry, Chris Andrews, Jay Craig, Richard Morin, Ken Sadler, Henry Prieger and Dick Codrington. The fellows were unanimous in placing this eatery on or near the top of a list to return to.

With bellies full and pleasantries shared, the group headed back to Londonderry under the skillful leadership of Chris. So, if you have in mind to enjoy a nice meal in a very comfortable, relaxed atmosphere with a great wait staff, give Black Water Bakery a try. There is a reason that it is the longest-lasting restaurant in downtown Cambridge. Director of Community Engagement Erica Hardeo should be acknowledged for her efforts in finding these places for us to go and making the arrangements for our arrival. ♦





Thanks
for taking
good care of
us during the
snowstorm!



NewsBits

Remember those small-town newspapers' society columns with bits of news about local residents? We would like to try adding something like that to Tred Avon Times. But we need your help to do it. Did someone adopt a new pet? Finish a craft project? Find a four-leaf clover? Just about anything is welcome, although no gossip or medical issues, please.

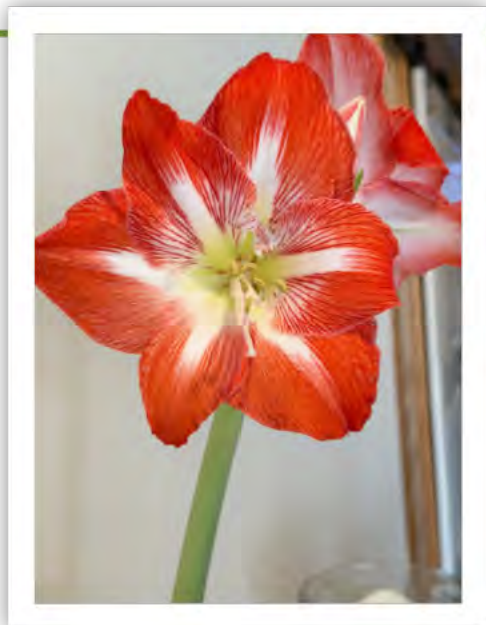
And this includes staff, too! We want to share news of a new grandchild, graduation, or accomplishment among any of the members of our Londonderry community and their families. We would like it to be a way to let us get to know each other a bit better and keep us connected.

Pass along any NewsBits to Cyndy Miller or any of the newsletter committee members (see page 20). In the meantime, here are a few items we found shareworthy:

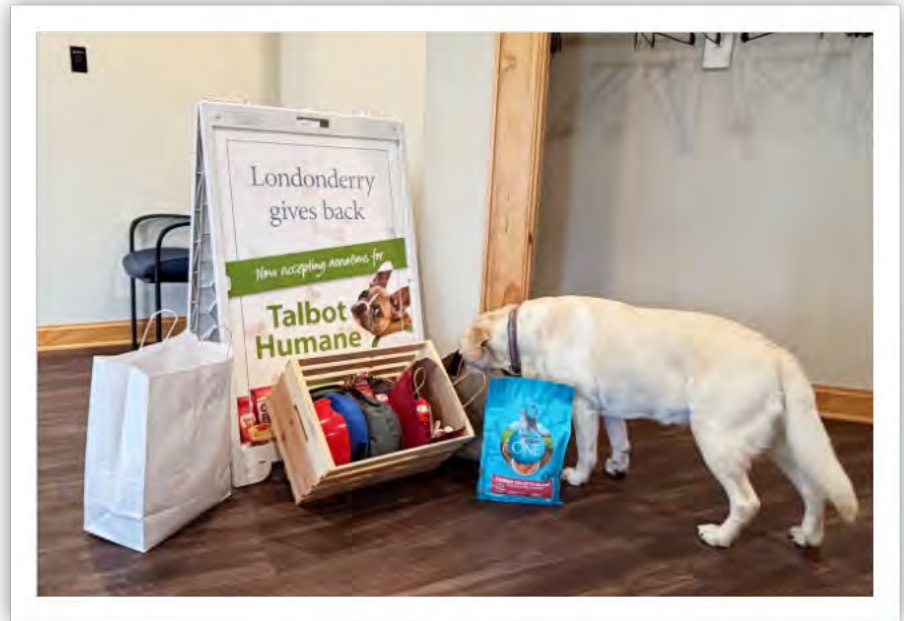
- Millie Houck's distant cousin, Fernando Mendoza, won the 2025 Heisman Trophy as quarterback for the Indiana Hoosiers. Millie and Fernando's mother have the same great-grandfather.
- Harry the Cat Dutrow went to the vet recently and had gained half a pound, a tiny bit of which he lost with an unwelcomed nail trim. We don't know whether he has forgiven Kaye yet.
- Faith Dobrenski returned safely from her trip to Egypt with lots of adventures to share.

- Our beloved Marilyn Burns has moved into Bayleigh Chase. We'll all miss her singing and dancing.
- Cyndy Miller saw a half-albino deer (below) on one of her morning walks over by Easton Village. She said it looked like it had lain down in a tub of white paint, dipping its face in, too.
- Betty Hurford has moved into her daughter's home and is said to be enjoying being surrounded by her family.
- Another beloved former resident, Roger Clark, passed away on December 18. His obituary was in the January 23 *Star Democrat*.
- Elaine Moore's amaryllis (right) stretched itself to almost three feet tall. Show off! ♦





January donations Sailor-approved!



Thanks once again to Londonderry staff for gifting residents with beautiful amaryllises to brighten these snowy winter days!

Have ideas to share? Photos? Stories?

We welcome contributions from our fellow residents. Just contact a newsletter committee member or join us at our monthly meetings in the Londonderry Library.

Next meeting: Wednesday, February 4, 9 AM

Newsletter Committee

Editor Erica Hardeo

Layout Design Cyndy Carrington Miller Additional Contributors This Issue:
Writing Cathy Cooper

Photographers Craig Caldwell
Jay Craig

Writers Patricia Bradley
Linda Cades
Jay Craig
Kaye Dutrow
Clare Kettell
Florence Thompson

Proofreader Kaye Dutrow

Health Corner Lorraine Flisher
Liz Whitby

Photos Steve Cades
Lari Caldwell
Snap Schott
Ginda Simpson
Londonderry Facebook



Parting Shots

Scenes from the
Apartments'
Snow Party

