Londonderry Happenings

May 2024

May 12 11am-2pm

Mother's Day SUNDAY BRUNCH

\$21pp No Tavern Menu Sign-up by May 8

Menu Includes:

Smoked Salmon Platter w/ Mini Bagels
Vanilla Bean French Toast w/ Berries
Carved Brown Sugar Glazed Ham
Home Fries w/ Onions & Peppers
Crispy Bacon & Maple Sausage Links
Scrambled Eggs
Assorted Pastries & Muffins
Complimentary Mimosas
Enjoy Music by Harpist Erin Baker



Please be patient during our remodel of the Community Center. Pay attention to CATIE for any updates. There will be location changes for some activities and possible cancellations.

Thank you for your understanding!





Thursday, May 9, 2024 at 2PM in the Clubhouse

Summit Community Bank presents:

Pe A.W.A.R.E!

PROTECT YOURSELF FROM FRAUD



142 N Harrison St Easton, MD 21601 443-746-4354



RESIDENT MEETING Wednesday, May 8 3pm Clubhouse



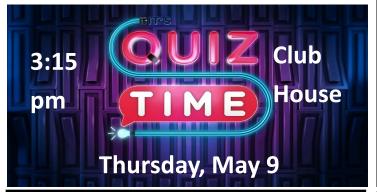
Holy Communion Services

Thursdays May 2 ,16, 30

1:30pm Sun Room



JOY OF MUSIC
Monday Mornings
11am TBD









"Moulin Rouge"
Tuesday, May 21
2pm Clubhouse
Rated PG-13
128 Minutes



"Secondhand Lions"
Tuesday, May 28
2pm Clubhouse
Rated PG
107 Minutes

"Down the Rabbit Hole"
Discussion Group
1st Wednesday 1pm Sun Room

SEARCHERS

Members of the group agree to research a subject of interest and present to group members.

Saturday, June 1 1:30pm Sun Room Contact Paula Gervis for more info!



OFFICES CLOSED

Monday, May 27 in observance of Memorial Day

Chair Dancing with Malley



Tuesday Mornings 9am Clubhouse

Benefits of Chair Dancing

*Keeps your heart in good condition

*Lowers blood pressure

*Helps with anxiety and depression

*Helps to improve memory

*Improves flexibility and muscle strength

*FUN, FUN & MORE FUN!!!!

Six-week session begins on 5/7

Sign-up not required...Just show up!

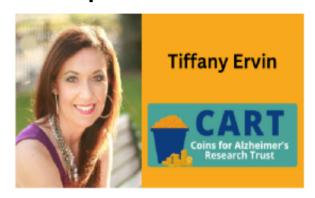
Everybody! Come To The Rotary Meeting On May 22nd 1pm Clubhouse

Here's Why:

For over a year now, the Satellite Rotary Club of Londonderry has been collecting money for Alzheimer's research. You have been contributing by dropping coins and bills into the blue cups and buckets that are placed on the dining room tables that show the letters CART—Coins for Alzheimer's Research Trust. The amount Londonderry has collected so far has reached \$1,800! Now you are being invited to come and hear just exactly where that money is going.

Here are three good reasons to come to the meeting in the Clubhouse on May 22nd:

- The featured speaker, Tiffany Ervin has impressive credentials as a career woman and a volunteer, and has been involved in leadership positions with many organizations, not only Rotary; in Rotary she is widely known as the "Rotary Geek." (Geek is defined as a person who is knowledgeable about and obsessively interested in a particular subject.) She is CEO of the CART organization and is currently travelling the world promoting this cause.
- We will be able to learn where the money we drop into the blue cups actually goes: some of the research projects that our money funds to eventually find treatment and a cure for Alzheimer's disease. It is a subject of personal interest for many of us



at Londonderry, and the talk promises to be very enlightening as well as entertaining.

3. According to Don Parks, Tiffany Ervin is the best keynote speaker he has ever heard and he has heard a lot of them in his career as an educator. Bob Grill, who is also acquainted with her, says in his understated way, if you come to the meeting, "You won't be sorry." Trust them.

So please come and help welcome her to the Londonderry campus. All are welcome at the Rotary meeting. •



Trips & Outings

Men's Breakfast
Denny's in Grasonville
Friday, May 3
Departs 8:30am

Sign-up for Trips at the Front Desk

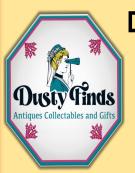
Annapolis Shopping
& Lunch
Home Goods,
Marshall's, California Pizza
Kitchen & Trader Joes

Monday, June 3

Departs 9am



A Day in Denton



Dusty Finds, Lunch at the Diner & Clayton Farms Friday, May 17

Departs 9:45am



May Birthdays

Barry Gillman 5/3
Elaine Leahy 5/3
George Thomas 5/8
Gloria Gibson 5/9
Margaret Bryan 5/11
Ed Bilinski 5/11
Gaye Gould 5/12

Beth Elkins 5/17
Roger Bollman 5/22
Lynn Kranz 5/23
Betty Morton 5/27
Diane Dinkel 5/30
John Foss 5/30

Happy Anniversary

Carole & Ken Bergmann 5/1/2011
Barbara & David Bryan 5/12/1956
Ruth & Walter Dominick 5/15/1976

MONTHLY CATIE TRAINING

New to Catie or Need a Refresher

Staff will be available the last Tuesday of every Month to assist with CATIE at 2pm in the Sun Room

May Session...May 28

CATIE SUPER USERS

If you need help with your device, the following resident super users can help:

Paula Gervis-106 David Draut-226 Barry Gillman-232 Linda Cades-330 Roger Bollman-4111 Gail Woodall-113
Judy Lutkus-225
Betty Flavin-342
Anne Clark-4110
Judy Harrald-542

Helen Pritchett-562

Activities

Beer Making: Contact Jerry Fairbanks for information

Bingo: Check calendar for date and time.

Book Club: 3rd Wednesday, 11am, Library. Contact Flo Thompson for information

Conversational French: Contact Barry Gillman for information.

Discussion Group w/ Barbara: 1st Wednesday, 1pm, Living Room

Holy Communion: Contact Jo Alfenito for information.

Knit Witches: 3rd Monday, 1pm, Sun Room Contact Gail Woodall for information

Movies: Check calendar for dates & times.

Resident Meeting: 2nd Wednesday, 3pm, Clubhouse

Resident Pool: Tuesdays & Thursdays, 10am, Manor House

Rotary Satellite Club: 2nd & 4th Wednesdays, 1pm, Living Room/Library Contact Bob Grill for Info

TED Talks: On Hiatus

Tred Avon Times: Contact Editor, Barbara Reisert at Claiborne@goeaston.net for information

Wine Tasting: 2nd Tuesday, 3:30pm, Library

Wine Making: Contact John Dalton for information.

Cards & Games

Bridge: Meets throughout the week

Hand & Foot: Sundays & Fridays 1pm Library

Mah Jong: Mondays 1pm Library
Poker: Mondays & Fridays 7pm Library

Quiz Time: Trivia type Q & A game. Meets on the 2nd Thursday 3pm Library

Rummikub: Tuesdays 1pm Library

Exercise Programs

AM Workout with Lorraine: Monday thru Thursday 10am Clubhouse

Balance & Bands: Wednesdays 2pm Activities Room with Instructor Eleanor DeNegre

Chair Yoga: Mondays & Fridays 2pm Activities Room with Instructor Eleanor DeNegre

Strong & Steady: Monday, Wednesday, Friday 9am Clubhouse with Instructor Janet Pfeffer

Music & Arts Programs

Chair Dance Class: Resume Spring 2024
Jammers: Thursdays 11am Clubhouse

Joy of Music: Mondays 11am Living Room

Open Art for Open Hearts: On Hiatus

Ukulele Lessons: Tuesdays 11am Activities Room





Ideas for activities and trips are welcome.

Please bring your suggestions to the Activities Coordinator.

Activities & Programs are Subject to Change