



# Spring Fashion Show—And A Little Whimsy

By Patricia Bradley

I had a really silly dream the other night. I’ve never had this dream before.

The clothes in my closet were having a meeting. They were actually talking to each other and complaining about how boring everything in that closet was. Nothing new in years. Dull, dull, dull.

The pants didn’t have much to say, they were used to being dull; but the other things wanted change. They no longer wanted to accept the *status quo*, be old and familiar. They were considering going on strike. There was one particular jacket that seemed to be the spokesperson.

I woke up thinking I’d better do something. Actually, solving this problem might even be easy. Maryann Priddy (below) was bringing TaylorMarie’s mobile retail clothing store to

Londonderry as she has been doing seasonally for several years. The Clubhouse was the scene on Thursday, April 18, where from 11 AM to 3 PM, residents

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**Fashion** (cont. from page 1)

could shop from the racks of clothing lining the walls, and the colorful, stylish pieces they could choose from were anything but boring.

There was a fashion show at one o'clock featuring Londonderry's own. Frankie Thorington was the lead model followed by Judy Coffren, Susan Andrews, Nancy Henry, Connie Laufer, Barbara Hargroves, Rose Ertz, Kaye Dutrow, Christine Harrington. They all looked smashing! Last but not least, Dane Brinsfield and James Brooks modeled colorful dresses to have fun in—at least, *they* were having fun (but refused to allow us to use their photos!)

This year's spring and summer collection was all about color; we saw all shades of blue, spring green, coral, pink, raspberry, in splashes, and stripes, and floral shapes and solids. These tops were eye-catching and bold. And they came in a variety of shapes with distinguishing features. Asymmetrical hemlines, and higher necklines, and front ties, and knee-length wraps, and loose ruffles, and



embroidery and flare. Anything but dull.

I enjoyed myself perusing the racks, tried on a jacket that just didn't fit right and could never replace the old one in my closet, and then finally chose a button up shirt with different sized stripes and at least eight colors, and I love it. I hung it in my closet with pleasure. And when I crawled into bed that night and drifted off and began to dream, I'm pretty sure I heard applause. ♦



Photos by  
Jamie Windon

(More photos on page 21)

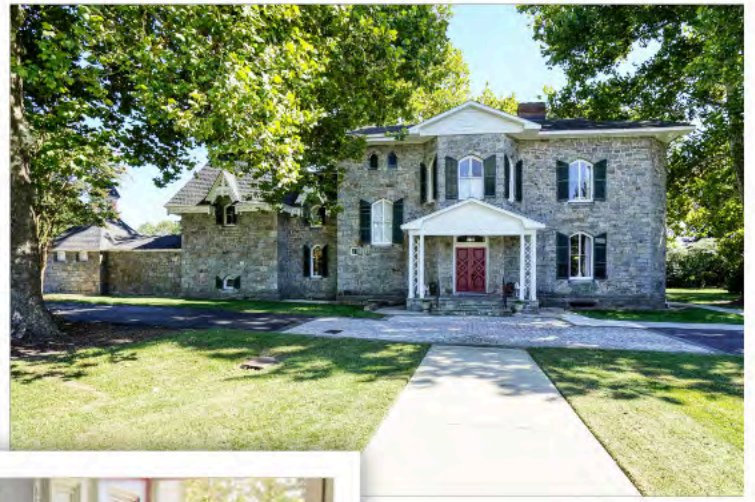




# Londonderry Rotary Hosts Manor House Tour

By Patricia Bradley

We have recently been reminded that we have a treasure on our campus, and on Saturday, April 13, folks who were interested could visit it and learn something of the history that surrounds it. I'm referring to the Manor House, of course, where Londonderry Rotary Club conducted a tour for residents and invited guests from area Rotary Clubs. It was a chance to visit the past, and a chance to visit with each other over tea and cookies on a beautiful day.



The Manor House is located on land that was part of a land grant of 600 acres from Lord Baltimore to Francis Armstrong, a Quaker, who immigrated to America in 1657. The land included what are today some familiar landmarks: Easton Point, the County Court House, part of Glebe Road, Third Haven, and the Target

shopping area. But it took over two hundred years of varied ownership for the Manor House to be built bridging the Civil War years. Dr. Ninian Pinkney and his wife Mary were the tenth owners, and they built an Italian "Villa". The house is Gothic Revival. The architect was Richard Upjohn, well known and highly successful in his time as a designer of churches. Note the pointed arches and windows, "pointing to Heaven."

(continued on page 4)





## Manor House (cont. from page 3)

Once upon a time the entrance to the property must have been grand—a long driveway sheltered by double rows of trees symmetrically planted on both sides. There were boxwoods, maples, cedars, beeches and elms. “The cool and restful tone of the ample lawn” was inviting. The tour guides on Saturday were able to talk about some of the consequential trees that are on the property today.



house, such as wood trim and hardware and fireplaces, and a door that currently goes nowhere; many have been added as the house has been kept current, has hosted a Design Showcase, and also has been renovated after damage by fire—twice.

The second story is usually off limits to people using the Manor House for meetings and events etc., but on this day, guests were welcome to climb the narrow

(continued on page 5)

The tour guides were Rotary members enlisted by Susan Andrews, the planner of the event, along with Betty Flavin, and organizer superb. Inside the mansion volunteer guides were in every area of the home sharing what is known of the historic details of the structure and some of the fixtures and features of the rooms. Some are original to the





## Manor House (cont. from page 4)

stairs and view the three lovely bedrooms and two baths. The bedrooms are named for three important men in Londonderry's history: Armstrong, Pinkney and Frank Rhodes, the eighteenth owner of the Manor House who sold it to Londonderry in December 2003, along with 7.513 acres upon which it resides.

The Manor House is available for Londonderry affairs like meetings, parties, playing pool and making beer in the kitchen among other things. Or just a place to relax on the porch. It

is also available for residents renting the rooms when family arrives. It's a great venue for a family reunion. But it is also rented to the public for various affairs, even weddings. Perhaps none have been more spectacular, however, than one that took place in February 1911, the wedding of Minnie Moore Beebe. She was the daughter of the 14th owner, Beverley Beebe. This event was so grand that guests were brought in by train from New York City, as reported in the *NY Times*. (You learn these interesting things when you tour interesting places!)◆

## Out To Lunch: Chesapeake Landing & Seafood Market

By Florence Thompson

Londonderry's April luncheon outing took old fans of Chesapeake Landing Restaurant and Seafood Market back in time to a long-time favorite destination. Through the years the menu has been consistent, which is exactly what appeals to its fans. It is what an Eastern Shore seafood restaurant is expected to be, with many variations of the treasures of the sea. And where else would the list of 8-10 sides include stewed tomatoes, beets and applesauce?

The road through St. Michaels was held up by a work site for long stretches of time, giving ample time to eye the interesting architecture of stores and tiny shops which have made St. Michaels a favorite tourist destination. Our



driver didn't skip a beat; he was his usual jovial self.

Demitri Jenkins drove the group and joined them at table: Rich and Beth Morin, Queenie Swaren, Peggy Sloan, Florence Thompson, Erica Hardeo, Rose Ertz, Elaine Moore, and Carole Lane enjoyed the food and the company. On the way out through the market, some of the group yielded to the temptations of the beautiful array of raw and prepared seafood and baked goods from the kitchen.

Erica asked for suggestions for next month's outing. Fisherman's Inn at Kent Narrows will probably be the choice.◆

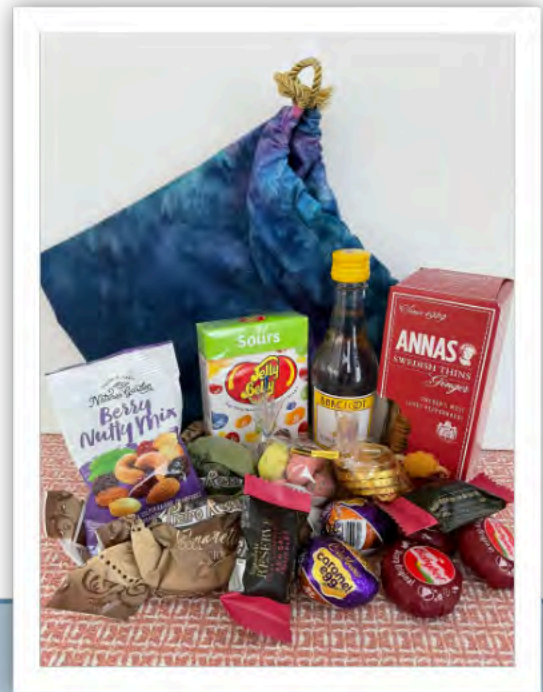




# Congratulations!

**ROSE ERTZ** is the winner of last month's Tred Avon Time's "Where's Windmill?" contest. Rose received a handmade gift bag filled with treats. One windmill was found on page 8 of the April issue.

Find the windmill(s) in this issue and enter to win your own gift bag of goodies. See instructions below.



If you would like to receive Tred Avon Times by email for easier reading or printing, please contact Cyndy Miller to be added to our distribution list.

## Where's Windmill???

**A MONTHLY CONTEST** open to all Londonderry residents!

Somewhere in these pages, we have hidden from **one to three windmill icons** like this one: They can be any size, any color, anywhere.



Your mission is to find all the windmills and win a small gift bag of goodies!

**This one doesn't count!**

To enter, write on a slip of paper

- your **name**,
- your **unit number**,
- the **number of windmills found**, and
- the **page number(s)** where you found them.

Drop off your entry in **box #338** in the mailroom **BY MAY 20**. A winner will be drawn from correct entries on May 21 and announced on CATIE.

# The Happiness Of Bluebirds

By Jay Craig

It was April 4, and the Clubhouse was packed with residents and friends of Londonderry to learn all about Bluebirds. Our neighbor, Beth Elkins, narrated an informative slide presentation that enlightened those gathered about our beautiful feathered friends that visit us at all times of the year.



Pictured above right are female and male Bluebirds. We usually observe these beauties in early spring when they are creating nests within their nesting boxes located throughout our community. However, they are also known to roost in these boxes during cold weather.



In order to help these birds in nature, Bluebird trails are created. Anyone can create a trail by selecting a good nest box, one that opens for cleaning and checking, has an opening no larger than 1 1/2" installed on a pipe or appropriate post and is made of durable wood. Cedar would be a good choice. The boxes need to be placed at least 100 yards apart to eliminate competition. The best place to view Bluebirds are in grassy areas away from trees and bushes.

The nest box above is a typical Bluebird box. Please note the small screw at upper left of the box. There is an identical screw on the opposite side that forms

an easy to open hinge to open the box for cleaning and checking the birds. Typically, there is a small clasp near the bottom of the door that allows the door to remain closed or repositioned to allow the door to be opened.

It only takes a Bluebird couple a few days to build a nest in the box, and eventually the female lays three to six blue eggs in the nest. During this period of time, it is vitally important to keep predators away. Cats and raccoons can be a nuisance along with snakes. Snakes can be controlled somewhat with the installation of an appropriate baffle below the box to keep them away. But according to Beth, the main predators endangering the Bluebird nest is the dreadful English House Sparrow and the Eurasian Starling.

(continued on page 8)



## Bluebirds (cont. from page 7)



Pictured above is the English House Sparrow and below is the Eurasian Starling.



According to Beth, around the turn of the 20th century, birders were not putting out bird feeders because the invasive English House Sparrows and Starlings would show up. The aggressive English House Sparrow had invaded and killed a majority of the American Bluebirds. These fierce English House Sparrows and loss of habitat had drastically

reduced the Bluebird population. The North American Bluebird Society was formed to protect and provide for the American Bluebird.

Beth reminded us how tidy our Bluebird friends are. They can be observed cleaning their nest boxes frequently during the day, removing fecal sacks constantly. In addition, Bluebirds are somewhat friendly and can be observed feeding their young up to five times per hour. A real treat for baby Bluebirds would be the consumption of yummy mealworms. These squiggly little morsels are a real treat and are the best way to feed them.



There are several Bluebird nest boxes in the community and Beth keeps an eye on all of them. You may see her near your cottage on occasion checking on baby Bluebirds or cleaning out nasty English House Sparrow nests from a box. If so, say hello and thank her for her interest and love of Bluebirds and for making herself available for any questions you may have about our beautiful feathered friends. ♦



# Impact Of An Eclipse

By Cathy Cooper

*Your Scribe was hard at work on April 8th to bring you the breaking news and the reaction to the partial solar eclipse as seen from 38.7682° north latitude, 76.0886° west longitude.*

“Oh, my gosh”—words on getting the first glimpse through the special glasses of the partially covered sun.

“It was amazing!”

“Quiet”

“Spectacular!”

“Pretty cool”

“We need snacks.”

“I was grateful so many people would share the glasses. Otherwise, I would have missed the whole thing. It was like a party.”

“Interesting to me.”

“It was the first time I ever experienced anything like that.”

“Very neat. Saw it from the start with a little crescent that then got shady, but not totally dark.”

Using his smart phone, a Tech-y was able to line up the cosmic components and, using the face of his smart wristwatch, reflect the

image of the partially eclipsed sun on a pillar at the front of the community center.

“A little disappointed. Expected more, probably because of all the publicity.”

“It’ll be 20 years before you’ll need the special glasses again. You’re not going to need them again. Put them away carefully or name them in your will.”

“Surprisingly, it didn’t get darker outside.”

“It got dark at 3:21 and was back to light within two minutes.”

One spectator from indoors found it grew darker inside the cottage than it did outside at the time of maximum darkness.

“I loved it. But then, I like science.” “She’s a nerd.” She made a superior pinhole viewing box. It has a foil lining and a built-in pinhole.

“Reggie remained calm.”

*Thanks for your indulgence of your Scribe’s perspective looking at the partial solar eclipse. I’ll save my glasses to use at the next U.S. appearance of an eclipse.*

*[Your Scribe thanks the interviewees and begs tolerance for imprecise quotations designed for spirit rather than accuracy of quotation: Liz, Isobel, Jamie, Jen, Ericka, Demetri, Ric W., Judy C, Patricia B., Gina, June T., Elaine L. Nancy H.]◆*

Photo by Rich Williams



# Vision Impaired Residents Meeting

By Patricia Bradley

On April 11, ten residents who are vision impaired met for the second time in the Clubhouse with Erica Hardeo and Lorraine Flisher to share information and hear any helpful ideas from others who also have vision problems. A large part of the meeting was devoted to what was learned when a group from Londonderry took the van to the Public Library two days before to hear a presentation from Ashley Biggs of the Maryland State Library for the Blind and Print Disabled (LBPD). Ashley had with her the talking book player and a cartridge, head phones, remote control and pillow speaker to show the ease of use for this equipment available through the Library. If one applies and qualifies for the program, up to 300,000 titles will be available, 30 audio books at a time on a cartridge sent through the mail or downloaded on their personal digital device.

To qualify for the service participants must have a visual impairment that prevents them from reading standard print. They may be unable to read standard print due to a severe organic reading disability (dyslexia, for example), or be unable to read standard print as a result of physical limitations (cannot hold a book, perhaps.) To qualify, one must be certified by a professional. Either Lorraine or Erica could perform that service.

There are numerous advantages to this program. The equipment is unbreakable and designed for ease of use. Postal delivery is free and easy to access. “Newslines” is free to patrons of this service by calling in to the Library. There is voice control on the book player— slow down, speed up, change tone, even change voice. Several people at the meeting said they would be interested and plan to look into it.

Other information was shared at the meeting about other programs. “Libby” is a popular way to get library books with an app on your digital device. Camille shared she has a card that allows her to get 30 books at a time. Lorraine announced that the Assisted Reading Device that has been ordered for the Living Room/Library should be delivered this summer. It was decided to have the next meeting after it arrives and plan to learn how to use it. ♦



EYE CONDITIONS

Credit: National Institutes of Health/Hashem Al-Ghaili





# Queen Anne's Chorale

By Florence Thompson

Londonderry's own music man, Robert Huntington, proves again to be a quite versatile musician. The

Queen Anne's Chorale was founded in 1989, and Bob has been Director since 2003. His program of April 20/21, performed at the Methodist Church of Centreville, was a delight of choral classics with many enjoyable insights and variations.

In one of Bob's recent Londonderry programs the audience was amused with an on-screen performance of "Duetto Buffo Di Due Gatti" by Rossini, translated as "Funny Cat Duet/Meow, Meow." Two very talented sopranos of the chorale performed the classic comedic duet with perfection, to the enjoyment of the audience.

The accomplished accompanist of the chorale, Marla Mooney, at right, is a long-time teacher of music who specializes in choir, voice and piano. Also accompanying

the chorale was an excellent string quintet which also performed selections on their own. Some of the members of the 47-voice chorale performed in solos, a Select Ensemble and duets and trios. The program was received with enthusiasm by its audience.

Robert Huntington is a man of many talents. His Londonderry weekly program has been put on hold recently due to the renovations in the Community Center. His fans look forward to the next opportunity to attend his Joy of Music.

Bob announced that the next performance of the Chorale will be its Christmas program on December 7, with a return to the Todd Performing Arts Center at Chesapeake College. ♦



Photos from Queen Anne's Chorale and Presbyterian Church of Easton





# Everybody!

## Come To The Rotary Meeting On May 22nd

### Here's Why:

For over a year now, the Satellite Rotary Club of Londonderry has been collecting money for Alzheimer's research. You have been contributing by dropping coins and bills into the blue cups and buckets that are placed on the dining room tables that show the letters CART—Coins for Alzheimer's Research Trust. The amount Londonderry has collected so far has reached \$1,800! Now you are being invited to come and hear just exactly where that money is going.

Here are three good reasons to come to the meeting in the Clubhouse on May 22nd:

1. The featured speaker, Tiffany Ervin has impressive credentials as a career woman and a volunteer, and has been involved in leadership positions with many organizations, not only Rotary; in Rotary she is widely known as the "Rotary Geek." (Geek is defined as a person who is knowledgeable about and obsessively interested in a particular subject.) She is CEO of the CART organization and is currently travelling the world promoting this cause.
2. We will be able to learn where the money we drop into the blue cups actually goes: some of the research projects that our money funds to eventually find treatment and a cure for Alzheimer's disease. It is a subject of personal interest for many of us



at Londonderry, and the talk promises to be very enlightening as well as entertaining.

3. According to Don Parks, Tiffany Ervin is the best keynote speaker he has ever heard—and he has heard a lot of them in his career as an educator. Bob Grill, who is also acquainted with her, says in his understated way, if you come to the meeting, "You won't be sorry." Trust them.

So please come and help welcome her to the Londonderry campus. All are welcome at the Rotary meeting. ♦





# Important Energy Study For Londonderry

By Patricia Bradley

Taking a look at future Londonderry expenses, there was a comprehensive study undertaken that took a look at energy costs at Londonderry down the road.

Headed by Roger Bollman, an Ad Hoc Committee of Jack Harrald, Bruce Kranz, Steve Cades, Jerry Fairbanks, and Calvin Yowell, examined many aspects of our energy consumption: geo thermal heating and cooling, heat pump hot water heaters, heat pump heating, current window and siding possible energy savings, and although controversial, solar. And, though not a significant issue at this time, how will

Londonderry handle resident use of EV charging in the distant future?

The report showed current costs and possible future cost trends. Analysis showed where possible improvements might be made.

While the committee did not make recommendations, the significant fact-finding will be useful for future planning. ♦



New lighting in 500s neighborhood

## A Comfy Crowd At The Pajama Day Dinner





# A Watershed Moment For The Chesapeake Bay

By Florence Thompson

Cathy Cooper and John Foss have given outstanding programs to Londonderry residents in the past. Cathy has been a follower of Rachel Carson and has traveled to wild, remote places in the world. John Foss's standing in the academic studies of soils has taken him on archeology expeditions in places far, wide and historic.

Cathy and John are to be congratulated for bringing an excellent public speaker to the Clubhouse on April 26. Ed Stierli is a Senior Director since 2012 in the non-profit National Parks Conservation Association. His audience appreciated the content of his program and the professional manner in which it was presented.

The movement to establish a Chesapeake National Recreational Area (Chesapeake Gateways) is, at first hearing, a questionable proposition. However, there are a couple of such areas in existence, one being the Golden State Park in California.

The proposal for the Chesapeake area would include three sites in the Annapolis area: the Burtis House (a 19th century waterman's home), Whitehall (c.1784 era home whose history encompasses the history of slavery in Maryland), and The Thomas Point Shoal Lighthouse (the last existing screwpile lighthouse in its original location in the U.S.), and the fourth site, the North Beach of Fort Monroe National Monument in Hampton, Virginia. The goal of preserving these sites for posterity is generated from the loss of other historic treasures to various intrusive commercial developments.

Ed's presentation acknowledged the importance of the history of the Chesapeake Bay within the history



of the United States. The preservation of such sites as those commemorating the life of Harriet Tubman, the native Indian history, the Captain John Smith waterway trail, the American Revolution, and the Civil War—all are histories to be preserved and commemorated.

Currently Maryland Senator Chris Van Hollen and Representative John Sarbanes are advocates for the proposed National Recreation Area Act to create a new national park in the Chesapeake. The current budget is scheduled for an overdue re-evaluation. Presidents from Theodore Roosevelt to Woodrow Wilson to Barack Obama are mentioned in the history of the National Parks.

Ed Stierli asks for interested people to advocate for the National Parks Service, to engage their congressional representatives to establish the Chesapeake National Recreation Area Act, to join the National Parks Conservation Association in order to receive the every-other-month magazine, and to donate to the good cause. ♦



# Men's Breakfast

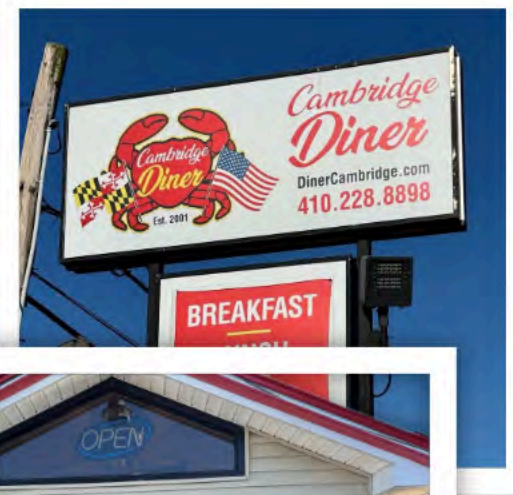
By Jay Craig

It was a beautiful morning April 5 and a great day for the group to visit a familiar place for breakfast. The Cambridge Diner is on our list for regular visits because of its close proximity to Londonderry, the good food they serve and the friendly staff.

As usual, the men met at the Community Center for a ride to Cambridge in the Londonderry van. It was great to connect with Jerry Fairbanks, Henry Novian, John Foss, Richard Henry, Lou Duvall and Rich Morin. We were privileged to be in the very capable hands of James Brooks, Director of Buildings and Grounds, and Richard Williams, Director of Security. James took the helm, copiloted by Richard.

I thought that everything was good to go after calling the diner to let them know that nine hungry men would be showing up at their doorstep for breakfast, but I had inadvertently called the Denton Diner. Even though we showed up unannounced, the crew at Cambridge was more than welcoming and immediately found room for our visit. Worrying about where we were, the Denton Diner called Erica Hardeo in Activities to check on us and were happy that we were okay.

James pulled the van up to the front door of the diner making for an easy exit



from the vehicle. The parking lot was large, allowing plenty of room to park.

The front of the diner is very deceiving, appearing quite small, but once inside it becomes expansive with plenty of seating for large groups of people.



The nine of us were seated and as usual, Haleigh was our server with her friend and coworker Melissa by her side. In the photo at left, Haleigh is on the left with Melissa alongside. The coffee started flowing and the orders were taken.

(continued on page 16)



**Breakfast** (cont. from page 15)



It should not be forgotten that trips like this one take time, coordination and action on the part of Erica Hardeo in Activities, and she should be recognized for that. (See additional well-deserved recognition for her on the next pages.) I believe that we may be heading over to the Tidewater Inn for our next adventure and would love to have others join us. Keep an eye open on CATIE for the date and time. ♦

Pictured above is my monstrosity that I have to admit was a little too much for me to finish.

Spending quality time together is always fun. Sitting around the breakfast table discussing the events of the day is always interesting, and there is a feeling of camaraderie among us. Haleigh was kind enough to take a photo of the group, at right.



Sitting at the forefront left is John Foss, followed counter-clockwise by Lou Duvall, me, Richard Williams, Richard Henry, James Brooks, Henry Novian, Rich Morin and Jerry Fairbanks.

As usual, James was a steady hand behind the wheel and got the group back to Londonderry safe and sound with full bellies and fond memories of another successful breakfast outing.





# CONGRATULATIONS ERICA HARDEO

Named as one of the  
Eastern Shore's

**WOMEN  
TO WATCH**  
2024



(Profile on next page)



## ERICA HARDEO

*Activities Coordinator*

**Londonderry on the Tred Avon**

### **DESCRIBE THE WORK YOU DO AND WHAT INSPIRES AND MOTIVATES YOU TO MAKE OUR COMMUNITY STRONGER.**

1

I am the director of community engagement at Londonderry on the Tred Avon Retirement Community in Easton. My job is to create and implement a comprehensive calendar of events that is tailored to the interests of our residents. It motivates me when I see the Londonderry residents give back to the greater community. It inspires me to get more involved, whether it be painting empty bowls, collecting goods for the Humane Society or attending the Festival of Trees.

### **WHAT ADVICE DO YOU HAVE FOR WOMEN HOPING TO TAKE A SIMILAR PATH AS YOU?**

2

I will always support someone that loves to work with seniors. My advice to anyone wanting to work in my field is as follows:

- Be organized and always plan in advance. For me, it is about the small details of an event (this is why I have a collection of printed napkins).
- Delegate. It is ok to ask for help.
- Listen and know the needs of your residents.
- Take the time to evaluate each event so improvements can be made.

3

### **WHO INSPIRES YOU? WHY?**

This may sound cliché, but I am most inspired by strong women, especially those who thrive in times of adversity.

4

### **HOW WOULD YOU DEFINE SERVICE, AND WHAT DOES SERVICE MEAN TO YOU?**

Service to me is the act of doing without expecting a reward. It is important to connect with your community. Sometimes the smallest things can be the biggest things.

5

### **WHAT IS A FUTURE GOAL THAT YOU HAVE?**

My goal is to continue to grow in my field. I plan to continue to provide meaningful programs that are relevant and enjoyed by many. A meaningful and purposeful life is the best gift I can give.



## Quotes To Remember To Stop Worrying About Life

By Lorraine Flisher RN



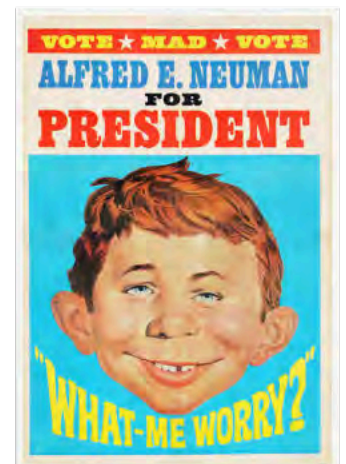
- Worrying doesn't take away tomorrow's troubles; it takes away today's peace.
- Worrying will never change the outcome.
- The less you worry, the less complicated life becomes.
- 99% of things you worry about never happen.
- Instead of worrying about what you cannot control, shift your energy to what you can create.
- My life has been full of terrible misfortunes most of which never happened.
- The only thing you will ever accomplish by worrying is to elevate your stress levels.

- Don't miss the sun today worrying about the rain coming tomorrow.

- If you can solve your problem, then what is the need of worrying? If you cannot solve it, then what is the use of worrying?



- Worrying won't stop the bad stuff from happening; it just stops you from enjoying the good.
- Make the distinction between a real problem and an imagined scenario that hasn't happened yet.
- The greatest weapon against stress is our ability to choose one thought over another.
- Start noticing when you are worrying and give yourself permission to stop.
- Worrying is like walking around with an umbrella up waiting for it to rain.
- Be patient with yourself. Learning how to worry less takes time and practice.
- Recognize that worrying is not helping you at all. It is draining your energy and life force and stressing you and those around you out.
- Worrying is nothing but a killer of present happiness. ◆





# Brake For Ducks!



Erica caught these shots of a mama duck leading her newly hatched brood of 16 adorable ducklings in front of the Community Center on their way down to the river.



## Newsletter Committee

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# Parting Shots



## The Fashionable Ladies of Londonderry



Photos by Jamie Windon

