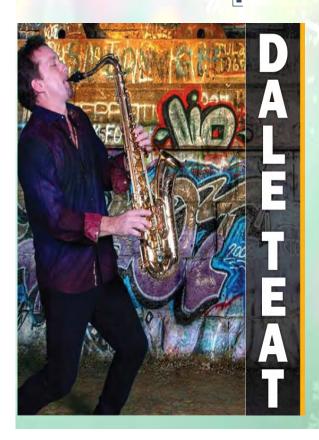
# LONDONDERRY HAPPENINGS

January 2024

# Beat the Winter Blues Dinner & Live Music Monday, January 22 4:30pm Dining Room



Back by Popular Demand

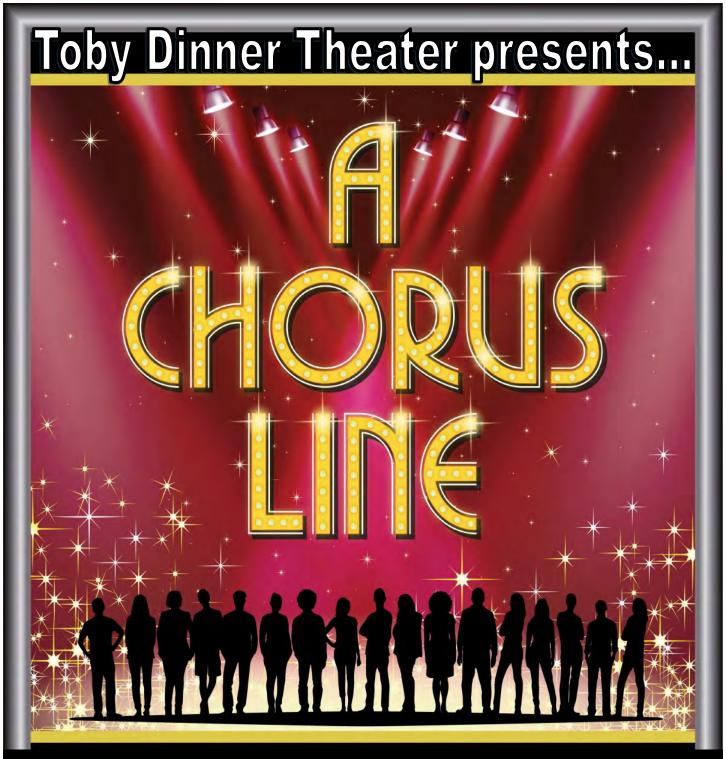
Dale Teat back at Londonderry

One Seating

Menu To Be Announced

No Tavern Menu

Sign-up at the Front Desk



Wednesday, January 31 Departs 9am \$73pp includes transportation, buffet lunch, show ticket & gratuity
Sign-up with Erica in Activities

# RESIDENT MEETING Wednesday, January 10 3pm Clubhouse



Holy Communion Services

Thursdays

January 11 & 25

1:30pm Activities Room



JOY OF MUSIC

Monday Mornings

11am Living Room

Open Art for Open Hearts

Open Art for experienced or non-experienced artists that would like to paint.

Friday Mornings 9-12:30 Activities Room



# SENIOR SUPPLY DRIVE

Speaker: Carrie Ottey from the Talbot County Health Department Wednesday, January 10

1pm Living Room

**ALL WELCOME TO ATTEND** 

BONGO

Tuesday, January 16
2:30pm \*Note New Time\*
Activities Room

"Down the Rabbit Hole"
Discussion Group
1st Wednesday
1pm Library

Closed

Monday, January 15

Brunch & Piano Music by Ray
11:15-1:15pm

Sunday, January 14

# January Outings

Men's Breakfast
Carpenter St. Saloon
Friday, January 12
Departs 8:30am

Out to Lunch
Mama Mia's
Friday, January 19
Departs 11:30am

Annapolis Shopping Trip
Monday, February 5
Departs 9:15am
Sign-up at the Front Desk

One Time Discussion on Vision Impairment & Available Resources Thursday, January 18 2pm Clubhouse

Opportunity to meet and interact with other residents who have low vision and share common concerns that each individual faces.

Sign-up at the Front Desk

"Around the World
in 35 Minutes"

Presented by:
John Foss & Cathy Cooper

Friday, February 2

10:30am
Clubhouse

## **Exercise Programs**

AM Exercise with Lorraine Mon, Tues, Weds, Thurs
10am Clubhouse

Strong & Steady with Janet Mon, Wed, Fri 9am Clubhouse

Chair Yoga with Eleanor
Mon, Fri
2pm Activities Room

Balance & Bands w/ Eleanor
Wednesdays
2pm Activities Room



Do You Love Showtunes?

If so, please join us for a six-week session that will focus on Broadway/Cabaret style dance.

Do You Love to Dance?

This class will be conducted by Mallie Hester of Continuum Dance in Easton!

This class is designed for all levels of ability!

It doesn't matter if you sit or stand, as long as you are having FUN!

Tuesday Mornings at 9am in the Clubhouse Begins on January 2

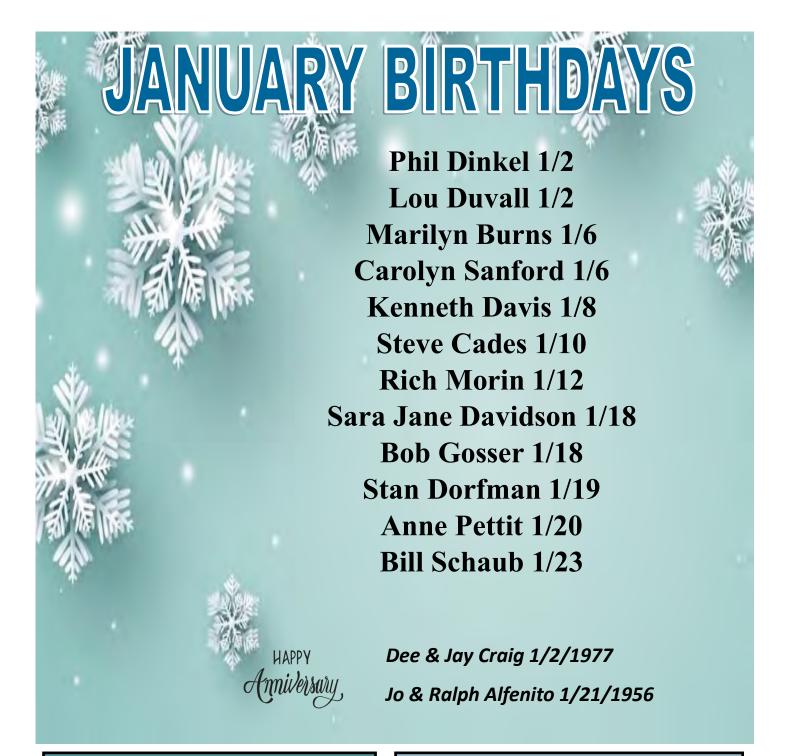
**HOPE TO SEE YOU THERE!!** 



# TAYLOR SWIFT THE ERAS TOUR

TAYLOR SWIFT

On The Big Screen
Thursday, January 25
2pm Clubhouse



### **MONTHLY CATIE TRAINING**

New to Catie or Need a Refresher

Staff will be available the last Tuesday of every Month to assist with CATIE at 2pm in the Activities Room

**January Session...January 30** 

### **CATIE SUPER USERS**

If you need help with your device, the following resident super users can help:

Paula Gervis-106
David Draut-226
Barry Gillman-232
Linda Cades-330

Roger Bollman-4111
Helen Pritchett-562

Gail Woodall-113
Judy Lutkus-225
Betty Flavin-342
Anne Clark-4110
Judy Harrald-542

### **Activities**

Beer Making: Contact Jerry Fairbanks for information

Bingo: 1st Wednesday, 7:15pm, Activities Room

Book Club: 3rd Wednesday, 11am, Library. Contact Flo Thompson for information

Discussion Group w/ Barbara: 1st Wednesday, 1pm, Living Room

Holy Communion: Contact Jo Alfenito for information.

Knit Witches: 3rd Monday, 1pm, Sun Room Contact Gail Woodall for information

Movies: Check calendar for dates & times.

Resident Meeting: 2nd Wednesday, 3pm, Clubhouse

Resident Pool: Tuesdays & Thursdays, 10am, Manor House

Rotary Satellite Club: 2nd & 4th Wednesdays, 1pm, Living Room/Library Contact Bob Grill for Info

TED Talks: On Hiatus

Tred Avon Times: Contact Editor, Barbara Reisert at Claiborne@goeaston.net for information

Veterans Discussion Group: On Hiatus.

Wine Tasting: 4th Thursday, 3:30pm, Library

Wine Making: Contact John Dalton for information.

### Cards & Games

Bridge: Meets throughout the week

Hand & Foot: Sundays & Fridays 1pm Library

Mah Jong: Mondays 1pm Library

Poker: Mondays & Fridays 7:30pm Library

Quiz Time: Trivia type Q & A game. Meets on the 2nd Thursday 3pm Library

Rummikub: Tuesdays 1pm Library

### **Exercise Programs**

AM Workout with Lorraine: Monday thru Thursday 10am Clubhouse

Balance & Bands: Wednesdays 2pm Act. Room with Instructor Eleanor DeNegre

Chair Yoga: Mondays & Fridays 2pm Activities Room with Instructor Eleanor DeNegre

Strong & Steady: Monday, Wednesday, Friday 9am Clubhouse with Instructor Janet Pfeffer

### **Music & Arts Programs**

Dance Class: Resume January 2024 Jammers: Thursdays 11am Clubhouse

Joy of Music: Mondays 11am Living Room

Open Art for Open Hearts: Friday Mornings 9-12:30 Activities Room Contact Jane Bollman for Info

Ukulele Lessons: Tuesdays 11am Activities Room

Ideas for activities and trips are welcome. Please bring your suggestions to the Activities Coordinator. **Activities & Programs are Subject to Change** 





