

DO YOU JUGGLE?

DO YOU RECITE POETRY?

DO YOU DANCE?

Thursday, Sept. 14

S 2pm

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Clubhouse

\*Please sign-up with Erica in Activities if you would like to participate





Live Entertainment by Barney Willis

\*This is for residents that have previously signed up\*



# Chair Yoga

Get the benefits of Yoga while seated

Monday & Friday

2pm Activities Room

# Balance & Bands

Class focuses on Balance & Resistance to Improve Strength

Wednesday 2pm Clubhouse





### **ELECTION CONVENTION**

Wednesday, August 9
3pm Clubhouse

# **Evening Bingo**

Wednesday, August 2
7:15pm Activities Room









**Holy Communion Services** 

Thursdays August 10 & 24

3pm Activities Room





**JOY OF MUSIC** 

Monday Mornings

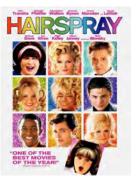
11am Living Room







"FAILURE TO LAUNCH"
w/ Sarah Jessica Parker
Tuesday, August 8
2pm Clubhouse
Rated PG~13 96 Minutes



"HAIRSPRAY" w/John Travolta

Tuesday, August 15 2pm Clubhouse Rated PG 120 Minutes



"LADDER 49" w/John Travolta

Tuesday, August 22 2pm Clubhouse Rated PG-13 120 Minutes SPECIAL GUEST SPEAKER



"RUNAWAY BRIDE" w/ Julia Roberts

Tuesday, August 29 2pm Clubhouse Rated PG 120 Minutes Brunch Piano Music by Ray Hobbs
Sunday, August 13
11:15am-1:15pm



"Down the Rabbit Hole"
Discussion Group

1st Wednesday

1pm Library

Facilitated by Barbara Reisert

present...

LOOKING
by Norm Foster

Thursday,
August 17
Departs 6:30pm

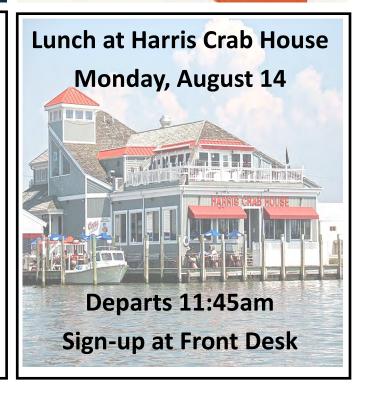
Sign-up at Front Desk

MEN'S MYSTERY BREAKFAST

Monday, August 7

Departs 8:30am

Sign-up at Front Desk



# August Birthdays

Art Schmidt 8/3

Bea Conrad 8/5

Eunice Shearer 8/7

Geraldine Phillips 8/7

Margaret Boyer 8/12

Marty Read 8/13

Fran Gosser 8/14

Carole Lane 8/14

Phyllis Grill 8/17

Barbara Oskin 8/17

John Ward 8/17

Jack Harrald 8/18

Jean Rhian 8/18

Don Goodliffe 8/21

Ralph Alfenito 8/24

Dorothy Vanderpool 8/25

Craig Caldwell 8/26

Pat Hope 8/26

Evelyn Leszczynski 8/26

Bea Steg 8/30

Judy & Roger Krhounek 8/8/1959

Rachel & Hans Gruenberg 8/10/1957

Jan & John Foss 8/14/1953

Ellen & Stan Dorfman 8/16/1959

Happy Anniversary

## **MONTHLY CATIE TRAINING**

New to Catie or Need a Refresher

Staff will be available the last Tuesday of every Month to assist with CATIE at 2pm in the Activities Room

August Session...August 22

### **CATIE SUPER USERS**

If you need help with your device, the following resident super users can help:

Paula Gervis-106 David Draut-226 Barry Gillman-232 Linda Cades-330

Roger Bollman-4111
Helen Pritchett-562

Gail Woodall-113 Judy Lutkus-225 Marge Boyer-324 Betty Flavin-342 Anne Clark-4110

**Judy Harrald-542** 

#### **Activities**

Beer Making: Contact Jerry Fairbanks for information

Bingo: 1st Wednesday, 7:15pm, Activities Room

Book Club: 3rd Wednesday, 11am, Library. Contact Flo Thompson for information

Discussion Group w/ Barbara: 1st Wednesday, 1pm, Living Room

Holy Communion: Contact Jo Alfenito for information.

Knit Witches: 3rd Monday, 1pm, Sun Room Contact Gail Woodall for information

Movies: Check calendar for dates & times.

Resident Meeting: 2nd Wednesday, 3pm, Clubhouse

Resident Pool: Tuesdays & Thursdays, 10am, Manor House

Rotary Satellite Club: 2nd & 4th Wednesdays, 1pm, Living Room/Library Contact Bob Grill for Info

Saturday Evening Social: 7:15pm, Living Room TED Talks: 4th Monday, 3pm, Living Room.

Tred Avon Times: Contact Editor, Barbara Reisert at Claiborne@goeaston.net for information

Veterans Discussion Group: On Hiatus.

Wine Tasting: 1st Wednesday, 3:30pm, Library

#### **Cards & Games**

Bridge: Meets throughout the week

Cribbage: Mondays 1pm Apartment Building Hand & Foot: Sundays & Fridays 1pm Library

Mah Jong: Mondays 1pm Library

Poker: Mondays & Fridays 7:30pm Library

Quiz Time: Trivia type Q & A game. Meets on the 2nd Thursday 3pm Library

Rummikub: Tuesdays 1pm Library

#### **Exercise Programs**

AM Workout with Lorraine: Monday –Thursday 10am Clubhouse

Balance & Bands: Wednesdays 2pm Clubhouse with Instructor Eleanor DeNegre

Chair Yoga: Mondays & Fridays 2pm Activities Room with Instructor Eleanor DeNegre

Strong & Steady: Monday, Wednesday, Friday 9am Clubhouse with Instructor Janet Pfeffer

#### **Music & Arts Programs**

Jammers: On Hiatus

Joy of Music: Mondays 11am Living Room

Open Art for Open Hearts: Friday Mornings 9-12:30 Activities Room Contact Jane Bollman for Info

Ukulele Lessons: Tuesdays 11am Activities Room





