

# Tred Avon Times

## ALL ABOUT SALT

by Patricia Bradley

Those attending Jane Ward's very interesting talk in the Clubhouse on September 20 had a chance to learn more about salt than, I'm guessing, most of us knew before. Jane had facts about so many aspects of this vital commodity that, I'm also guessing, some were probably inspired to do some more looking for more information on their own. I know I was.

Jane had this on the screen as an introduction to her talk, alerting us to the fact that this would be a serious subject:

"The residue of ancient seas and oceans, captured for millions of years."

"This mineral of life impacted culture, religion, politics and science in every country of the world. Without salt life could not exist."

Salt is made up of two minerals, sodium and chloride, that are essential for human health and that is why it has had such high value, at times even been traded for gold. The Great Wall of China was built on profits from the salt trade. It has also been a way to preserve foods, cure meat and leather over centuries. The value of salt is recognized when we compliment someone by saying they are "The salt of the Earth," or "Worth their salt." During war times battles are fought over salt works and salt mines to keep them out of the hands of the enemy.

Salt is collected by mining, drilling wells or by solar evaporation. The major salt areas in this country are not on the east coast but in the Great Eastern Salt Basin around the great lakes area and in the Salt Flats of Utah. Tourists in Salt Lake City like to go in the lake and float.

Jane tells us there are fourteen thousand uses for salt. In addition to nutrition and food preservation, salt is used in the dyeing process, in making pottery and many industrial uses. But there are many domestic uses that might surprise you. Salt will put out a grease fire, deodorize your sneakers, kill weeds that creep up through the cracks in the walk, extend the life of your broom, keep ants out of the house, take out stains and more, and, oh yes, make your food taste better.



If you are delighted by finding salt shakers of unusual varieties you might want to visit the museum in Gatlinburg, Tennessee, where you will find twenty thousand of them. The most famous is not in Gatlinburg, it is the Cellini table sculpture of ivory, enamel and gold in

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a museum in Vienna. It depicts the god Neptune and the goddess Terra and the intertwining of land and sea. It is valued at sixty eight million dollars.

Jane enjoys doing research when she finds a subject of interest, and she ended her talk by wondering if there might be others who would like to get together to share what they are learning from time to time. If so, I'm sure she would like to hear from you.

## IN MEMORIAM

by Florence Thompson



**FRANCIS ARTHUR HINCHION** was born to James and Florence Hinchion in Peabody, Massachusetts in 1923 and passed away on September 8, 2022, at the age of ninety-eight.

Frank intended to be an electrician but joined the Army Signal Corps at age eighteen, hoping to be an Aviation Cadet. The Army sent him to the Infantry in 1944 in preparation for the invasion of Normandy.

From the ranks he was selected to enter West Point, and at graduation chose to enter the Air Force. Due to an inner ear injury he was grounded, and followed a successful path to Research and Development in the B-58 program. He later worked for General Electric and Raytheon.

Frank married his hometown sweetheart, Bette McCarthy, as he graduated from West Point. They raised eight children: two of Frank's sons and one grandson are West Point graduates; his oldest daughter spent thirty-five years in the Coast Guard, retiring as a Vice Admiral in command of the Pacific area. One of his grandsons is a graduate of the Coast Guard Academy. The above information was taken from his biographical information as of 2014 when he moved to Londonderry. In his published obituary, as of 2022 he had nineteen grandchildren and eighteen great-grandchildren. Frank devoted time and expertise to coaching all eight of his children and others, and as a fan of all teams Boston.

At retirement Frank and Bette moved to Ocean Pines, Maryland, where they lived for twenty years, and he served on the Board of Directors and several other offices. Moving to Salisbury, Bette passed away in 2010, after sixty-one years of marriage. Frank moved to Londonderry in 2014 at the suggestion of Gene Mechling, his West Point colleague and friend.

Frank is survived by seven of his children: Francis, Jody, Richard, Susan, Kerry, Kim and Megan; pre-deceased by his son Charles. Londonderry residents join Frank's family in mourning their loss.

## RESIDENT BIOGRAPHIES

The following are condensed from the longer, fuller biographies are in the Residents Directory on Catie

### EVELYN WIBLIN

Evelyn was born in Charleston, West Virginia but has lived many places, the latest being South Carolina. She has ten grandchildren and eleven great-grandchildren. Can you beat that?

### CAROL MURPHY

Carol was an English teacher at Sts. Peter and Paul School, where she helped with drama, yearbook and served as Department Chair. She loves walking, nature, cycling and all things literary.

## OUT FOR LUNCH IN SEPTEMBER

by Florence Thompson



Returning to an old favorite, typical Eastern Shore restaurant, a van full of Londonderry residents traveled to Chesapeake Landing on September 16. The group included many returnees, plus newcomers to this particular venue. Residents Dee and Jay Craig, Linda and Steve Cades, Marilyn Burns, Bea Conrad, Florence Thompson, Susan Malsin, Pat Hope, rounded up by Erica Hardeo and Demetri Jenkins, our driver, met Peggy Sloan at the restaurant.

The only hiccup in the familiar menu involved oysters. Those in the know spied oysters on the menu, and according to age-old custom, they expected oysters to be available in the month of September. (For those not in the know, oysters are not normally available in the hot months of May, June, July and August.) Many groans, oh no! Oysters will not be available until October. Another tradition falling to the wayside, victim of record-breaking summer heat extending into September.

The drive through St. Michaels and beyond to this restaurant is always interesting: landscape, town and countryside. Erica Hardeo took the suggestion of a drive to Chestertown in October for the next lunch outing, expecting the fall foliage to be as beautiful as usual.

## THE BEATLES COME TO LONDONDERRY

by Patricia Bradley

On Wednesday, September 14, a perfect night for a concert in the parking lot, Newspaper Taxi brought their musical performance to Londonderry. In case you are wondering about the name of the band, as was I, it comes from a line in a Beatles' song, "Lucy in the Sky with Diamonds." "Newspaper Taxis appear on the shore, Waiting to take you away." Their music did inspire some to get up and dance, that should count.

As it turns out this two member combo on guitars are great fans of the Beatles, in fact the large majority in their repertoire are Beatles songs. We also heard pieces from other artists, James Brown, the Byrds two mention two, but mostly it was a Beatles night. The songs were played in a ballad style, with soothing accompaniment on guitar. Ringo didn't come to Londonderry.

Bob Nasteff and Greg Sinners told me they had both been playing in bands since they were thirteen years old. At this point they are not interested in the money, but play for the pleasure of it, and spend a lot of time practicing in Bob's garage. On some numbers Greg plays his twelve string guitar, a very special instrument. They came together when Bob answered an ad Greg put in the paper for someone who played guitar and loved the Beatles. One of the highlights of their time together was playing at a Beatles Festival in Cleveland, billed as Abbey Road on the River, where Beatles imitators from all over the world performed. With so many devotees all over the world, The Beatles will never die.



photo by Craig Caldwell

## IN MEMORIAM

by Florence Thompson



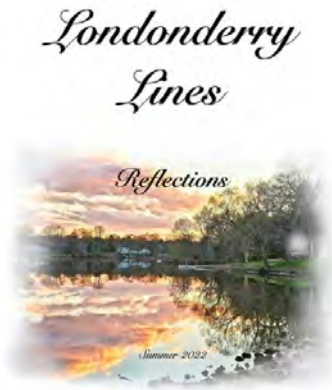
**DIANE K. LAUKENMANN** was born and raised in Harford County, Maryland. She married young and had two daughters by her first husband. She later returned to education to teach reading and art. Her life was devoted to art and the equestrian.

She met Bernhard Laukenmann on a blind date and two years later they were married in 1972. Bernhard was a native of Germany whose position as anesthesiologist at Easton Memorial Hospital brought the couple to the Eastern Shore. Diane enjoyed the many phases of the art world active in Easton, using oils, watercolor and pastels to become a Plein-Art artist and a member of the Academy of Arts. She taught Bernhard to paint and they traveled by RV to seek out special landscapes.

Diane was very generous in sharing her gifted life as an artist. She and Bernhard arrived at Londonderry in 2013 and residents began receiving hand-painted birthday cards from her. Several residents have had their collection of these cards framed. Four of her outstanding framed pictures grace the lobby area of the Community Center. Diane Laukenmann will never be forgotten.

Diane died on August 12. She is survived by her daughters, Julie, Yvonne and her husband Dave Whitley, and Karen, son Chris, sister Susan, grandchildren Darby and Shane, and many nieces and nephews and family members still residing in Germany. Londonderry residents join her family in mourning their loss.

### LONDONDERRY LINES – REMINDER



Look for Londonderry Lines in the lobby, in the library and in the Clubhouse. Read what your friends and neighbors have written that you might enjoy. More entries will be added in the coming season.

## SHORELY ORGANIZED

by Karel Cooperman

Have you ever felt overwhelmed with all the “stuff” in your house? Have you ever felt frustrated with the mounds of paper and clutter in your everyday living area? Well, your frustrated days are now over. A solution is in clear sight. *Shorely Organized* is your rescue kit to a cleaner, safer, more organized existence.

On September 22 Nadine Sachs, owner of Shorely Organized, explained her excellent philosophy to a more structural approach to life. Her “Tips and Ideas for Living” gave people at the Clubhouse a glimpse of a way out of the problem of clutter.

Nadine specializes in helping organize small residences. Assuming we all came from large homes, downsizing is a major problem. She has five basic rules to follow in your new home arrangement.

### 1. Place like with like

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2. Be consistent
3. Go up
4. Contain it
5. Organize

The following are her basic requirements for better organizational skills:

1. Be consistent – Place sunglasses – keys in your car.
2. Go up – Use wall space. Use hooks attached to walls to place belts, scarves, hats, keys.
3. Use backs of closet doors for shoe organizers which can hold more than shoes. Items such as spices- small bathroom items, toothpaste, toothpicks, tissue boxes, Qtips, - mail, bills- cleaning products-scarves, gloves- canned goods for kitchen – jewelry, necklaces.
4. Use containers – “M Design” online has a variety of plastic containers of all sizes and shapes which can be used on shelves in kitchen and closets.
5. Large lazy susan, 16”, 18”, for corner cabinet expands the utility of the shelf.

Bedrooms are good places for storing out of season items. Placed under a bed, you can store blankets, clothing. Containers are available.

Nadine’s philosophy is “Everything must be functional.” She begins her process by getting to know you and your home. She works quickly and her sessions last from 3 to 4 hours. She charges \$85 per hour and has been doing this kind of work since 2006. She has referrals and will work with you on all matters of storage problems, from photo books, whole house clutter, storage space, and where and how to start.

Following clients’ needs is important. She works on office space, file cabinets, and your garage.

For further information call Nadine Sachs at 443-310-1305, or her email [nadine@nadinesachs.com](mailto:nadine@nadinesachs.com)

To enjoy your life at Londonderry, get organized.

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