

FOURTH OF JULY BBQ LUNCHEON

Friday, July 4 11am-2pm \$14pp

Menu Includes:

Baby Spinach Salad with Berries, Feta, Candied
Pecans with Balsamic

Classic Grilled Cheeseburger
Or
Charred Hot Dog

Homestyle Baked Beans with Bacon,
Broccoli Slaw, Macaroni Salad & Corn on the Cob

Red, White and Blue Vanilla Cake

NO TAVERN MENU
SIGN-UP AT THE FRONT DESK BY JUNE 29

Melodies by Rick the Guitarist

RESIDENT MEETING

Wednesday, July 9
3pm Clubhouse

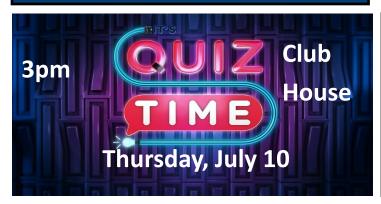


BOOK CLUB
Wednesday, July 16
11am Library
New Members Welcome



JOY OF MUSIC
w/ Bob Huntington
Monday Mornings
11am Activities Room

WOMEN CONNECTING
Mondays July 7 & 21
3pm Clubhouse







2nd & 4th Wednesday

Rotary

12:45pm Activity Room





Monday, July 14...One Seating

Music by Barney Willis

Menu Includes:

Creamy Lemon Butter Salmon or/ Mediterranean Grilled Chicken Sauteed Orzo with Spinach Grilled Zucchini

Lemon Blueberry Cheesecake

Cocktail: Lemon Crush

No Sign-up Required

Tavern Menu Available



Men's Breakfast- Ram's Head KI
Thursday, July 3
Departs 8:30am

Out to Lunch
Chesapeake Landing
Thursday, July 31
Departs 11:30am

Women's Breakfast &
Jean's Jewelry Store (Secretary)
Friday, July 18
Departs 8:30am

SIGN-UP at the FRONT DESK



ANNIE OAKLEY

Presented by:
Mary Handley
Thursday, July 24
2pm
Clubhouse

Creative Greeting Card Workshop
with Stacey Sass
Friday, August 1
10am Activities Room

Sign-up at The Front Desk







NONNA'S
Tuesday, July 15
2pm Clubhouse
1 hour 54 mins



THE FOUR SEASONS
Tuesday, July 29
2pm Clubhouse
1 hour 49 mins



Londonderry on the Tred Avon presents... AMERICA'S COWBOY COUNTRY JULY 7-14, 2026



8 Days-10 Meals
HIGHLIGHTS...Badlands
National Park, Crazy Horse
Memorial, Mt. Rushmore,
Yellowstone National Park,
Grand Teton National Park
and more...

Contact Erica Hardeo for more information

INFORMATION SESSION

Presented by Paul (Collette Rep)

TUESDAY, JULY 1

2PM CLUBHOUSE



Londonderry on the Tred Avon presents...

Christmas Markets of Montreal and Quebec City

December 16-22, 2026



7 Days-9 Meals
HIGHLIGHTS...Quebec City's
German Christmas Markets,
Montreal's Christmas Markets,
Montmorency Falls, Maple
Sugar Shack, Buche de Noel
Workshop and more...

Contact Erica Hardeo for more information

INFORMATION SESSION

Presented by Paul (Collette Rep)

TUESDAY, JULY 1

2PM CLUBHOUSE



MONTHLY CATIE TRAINING

New to Catie or Need a Refresher

Staff will be available the last Tuesday of every Month to assist with CATIE at 2pm in the Activities Room

July Session...July 29

CATIE SUPER USERS

If you need help with your device, the following resident super users can help:

Paula Gervis-106 Judy Lutkus-225 Linda Cades-330 Roger Bollman-4111

Helen Pritchett-562

Gail Woodall-113
Barry Gillman-232
Betty Flavin-342
Judy Harrald-542



Activities

Bingo: Check calendar for date and time.

Book Club: 3rd Wednesday 11am Library. Contact Paula Gervis or Susan Andrews for information

Conversational French: Wednesday 1pm Clubhouse. Contact Barry Gillman for information.

Knit Witches: 3rd Monday 1pm Sun Room Contact Gail Woodall for information

Men's Chat: Wednesdays 9am Activities Room Movies: Check calendar for dates & times.

Resident Meeting: 2nd Wednesday 3pm Clubhouse

Resident Pool: Tuesdays & Thursdays 10am Manor House

Rotary Satellite Club: 2nd & 4th Wednesdays 12:45pm Activities Room

Contact Lari Caldwell for Info

TED Talks: Check calendar for date & time.

Tred Avon Times: Monthly Londonderry Newsletter Wine Tasting: 2nd Tuesday 3:30pm Activities Room Wine Making: Contact John Dalton for information.
Women Connecting: 1st & 3rd Monday 3pm Clubhouse



Cards & Games

Bridge: Meets throughout the week

Hand & Foot: Sundays & Fridays 1pm Library

Mah Jong: Mondays 1pm Library

Poker: Mondays & Fridays 7pm Library

Quiz Time: Trivia type Q & A game. Meets on the 2nd Thursday 3pm Clubhouse

Rummikub: Tuesday & Wednesday 1pm Library



Exercise Programs

AM Workout with Lorraine: Monday thru Thursday 10am Clubhouse

Chair Yoga: Monday Wednesday Friday 2pm Activities Room with Instructor Eleanor

Strong & Steady: Monday Wednesday Friday 9am Clubhouse with Instructor Janet Pfeffer



Music & Arts Programs

Art is for Everyone: Fridays 8am Activities Room

Jammers: Thursdays 11am Clubhouse

Joy of Music: Mondays 11am Activities Room
Ukulele Lessons: Tuesdays 11am Activities Room



Ideas for activities and trips are welcome.

Please bring your suggestions to the Director of Community Engagement
Activities & Programs are Subject to Change